

OLD BANK WEEKLY WALK

Here is the map for our walk on Thursday 22nd August. If you are coming over in the minibus I suggest you park in one of the laybys just past the King's Head opposite the bus stop at the top of Five Lanes on the way to the A30 to Bodmin. Liz and I will be there at 1pm. It takes about 20 minutes to get from Camelford to Five Lanes.

We walk up to Trewint and turn right up the quiet road to Westmoorgate. There we go through the gate onto the moor and bear right to walk along the edge of the moor with views of Roughtor and Brown Willy. After about 20 minutes we follow the path under Carne Down down to the road and go right to South Carne. There we go right down a track and follow the path into the fields and back to Trewint and Five Lanes. Along this stretch there are often cows, sheep and horses plus a couple of highish styles so if people want to avoid these they could follow the yellow road from South Carne down to Altarnun via Trekennick and the churchyard at St Nonna's. This walk takes me about 90 minutes but I walk quite fast so I guess, with stops, it will take us about two hours.

